

FACULTY



Dr Yau May Yann

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Dr Yau May Yann is a Sports Physician currently working in Sarawak General Hospital, Kuching. She graduated from University Malaya with a Masters in Sports Medicine in 2017. She has been providing her services for the community that has musculoskeletal injuries, rehabilitation of post-surgery Orthopedic procedures, educating the coaches under Akademi Kejurulatihan Kebangsaan, and also a Cardiopulmonary resuscitation (CPR) trainer for general practitioners under Malaysian Medical Association (MMA) in Sabah for the last 4 years. She also does sports medical coverage in sports events internationally and nationally such as SEA Games, Sukan Institut Pengajian Tinggi (SUKIPT), Majlis Sukan Universiti Malaysia (MASUM), Majlis Kebajikan dan Sukan Anggota-anggota Kerajaan (MAKSAK), Inter-professional Games (IPG), Sukan Kesihatan Borneo dan Sukan Malaysia (SUKMA). With several certificates such as Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS), Advanced Trauma Life Support (ATLS) and Immediate Care In Rugby (ICIR) Level 1 to support her role as a medical team doctor for Sarawak United Football Club, sports physician for Sarawak Sports Corporation and Sarawak Sports School in SMK Tabuan Jaya. She is a believer that exercise is medicine and advocates everyone to participate in a healthy lifestyle and exercise whenever possible without age as a barrier. Her main interest is rehabilitation after sports injury and return to sports for athletes and recreational players.

Topic: Breakout 6 | Symposium 14 (P): Myth About “Being Old” - Changing the Aging”
Perspective by Sports Medicine Specialist