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Suzana Shahar currently the Dean of Faculty of Health Sciences, the Universiti Kebangsaan Malaysia. She is a Professor and Founder of Centre of Healthy Aging and Wellness, Faculty of Health Sciences, National University of Malaysia. Suzana does research in Epidemiology of Aging and Nutrition, Nutritional Neuroscience, Public Health and Nutrition and Dietetics. Their current project is MyAgeless Trial funded by the Ministry of Health Malaysia.