



Nur Fazidah Asmuje

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Dr Nur Fazidah is a distinguished lecturer at Universiti Sains Islam Malaysia (USIM) with nine years of experience in academia. Besides her role as a lecturer, she holds the esteemed position of Coordinator for Pre-College and Talent Search of gifted students at Kolej GENIUS Insan, USIM. With a passion for understanding cognition, Dr. Nur's current focus lies in studying older adults' cognitive function. To pursue this passion, she has actively joined the Ageing and Age-Associated Disorder Research Group (AADR) and has become a trained assessor for cognitive function and continuous blood pressure through ACT4health. With a PhD in Health (Medicine), Dr. Nur has conducted research that identified the relationship between beat-to-beat blood pressure variability and cognitive function. Her expertise extends to being a certified assessor for cognitive assessments such as the Montreal Cognitive Assessment (MoCA) and Clinical Dementia Rating (CDR). Inspired and mentored by Prof Dr Tan Maw Pin, her supervisor, she aspires to make significant contributions to the field of cognitive function among older adults in the next phase of her career. Outside the academic pursuits, Dr. Nur also contributes to volunteering work at the Alzheimer's Disease Foundation Malaysia (ADFM) and other non-governmental organizations (NGOs) like MERCY.