



Lydia Abdul Latif

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Prof Dr Lydia Abdul Latif is currently the Chief Medical Officer of Regen Rehabilitation Hospital. The first private rehabilitation hospital in Malaysia, joint venture between Khazanah Nasional and Select Medical. Her academic days was in University Malaya of which she still serves as visiting. Her speciality is in Neurorehabilitation with key interest is brain neuroplasticity and recovery and also Aging and Geriatric Rehabilitation. She treats wide spectrum of conditions from Stroke, Parkinson and aging issues like Osteopenia, Sarcopenia. She runs a special Fall Prevention clinic focusing on Multidisciplinary team approach. Her current interest is in developing Bone strengthening program for Osteopenia and Osteoporosis through evidence based rehabilitation program that is a collaboration with Onero program Australia. It is a unique program in Regen Rehabilitation. She has published in peer review journals both locally and internationally. She has appeared as expert witness in numerous court case for compensation in Cerebral Palsy. She enjoys teaching both under graduate and post graduates