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Dr. Bharathi is a Consultant Psychiatrist at Pantai Hospital Kuala Lumpur. She is passionate about mental health education to the public, general practitioners and physicians, especially pertaining to geriatric mental health, medical liaison work and women's mental health. She is also a geriatric psychiatrist, dealing with neurocognitive disorders. Dr Bharathi obtained her MBBS in 1996 from Kasturba Medical College, Manipal, India. While working in Hospital Kuala Lumpur, Dr Bharathi joined the Psychiatry Department where she underwent her postgraduate training in University Malaya and graduated with a Masters in Psychological Medicine in November 2002, Dr Bharathi pursued her geriatric psychiatry subspecialty training Hospital Kuala Lumpur and Southern Health Hospitals (Monash), Melbourne, Australia in January 2006- 2008. She was a Senior Lecturer and also former Head of Department of Psychiatry in the Faculty of Medicine, University Putra Malaysia. She is a member of the Malaysian Healthy Ageing Society, and International Psychogeriatric Association.