



Harnek Singh Badeshae

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Dr Harnek Singh Badeshae is currently a physician subspecializing in Geriatric medicine (care of the older adults). He received his undergraduate medical training at University of Sheffield, United Kingdom. After passing his MRCP, he obtained his fellowship in geriatric medicine from the ministry of health Malaysia in 2019. He has a keen interest in research and has a few publications in international journals. During his career, he has worked in various general hospitals in Malaysia as well as in Royal Perth Hospital, Australia. His expertise includes comprehensive aged care assessment, cognitive (memory) assessment, frailty, osteoporosis & bone health , nutrition and preventive medicine. Dr Harnek is passionate on increasing awareness of age related medical and social issues thus encouraging early screening assessments and prevention to improve overall quality of life. Currently Dr Harnek is practising as consultant geriatrician at Hospital Raja Permaisuri Bainun ipoh, perak