



Sumaiyah Mat

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Dr. Sumaiyah Mat is an academic scientist whose research focus and expertise lies in wide range of ageing research components from epidemiology in ageing and rehabilitation through to basic sciences of ageing related diseases. Dr. Maya is specifically interested in Falls and musculoskeletal issues in older people. Prior to joining UKM, Dr Sumaiyah, or her friendlier name, Dr Maya worked as a Postdoctoral researcher in University Malaya for three years. in Medical Engineering in Faculty engineering and Faculty of medicine for 3 years and completed her Master in Applied Statistic in 2020 while working as postdoc researcher. She is actually graduated for her PhD and degree from there too. Upon obtaining he degree in Applied Science (Biotechnology) and Islamic Studies in 2012, she continued her education journey by embarking on the Master of Medical Sciences in Faculty of Medicine Universiti Malaya, after one year she converted to PhD and graduated in 2017 at the age of 28. Dr Maya join UKM in December 2021 and attached to the Center for Healthy Ageing and Wellness (HCARE) and Physiotherapy Programme. Within a short period, she has involved 6 PhDs and 4 Masters superison here in UKM. Dr Maya also a prolific author and has published more than 50 papers since 2014.