



Catherine Choong Qian Yi

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Catherine is a Sports Physiotherapist from Pau Physiotherapy in Bangsar with clinical experience in Singapore, Australia and Malaysia. She graduated with a Bachelor of Physiotherapy (Honours) from the National University of Malaysia and Master of Advanced Clinical Physiotherapy (Sports) from University of South Australia. She is also Certified Clinical Exercise Physiologist by the American College of Sports Medicine (ACSM). She completed her Physiotherapy rotations in Khoo Teck Puat Hospital and Tan Tock Seng Hospital in Singapore in the field of intensive care, chronic diseases management, sports, neuro and geriatrics. Besides treating patients or athletes for sports or musculoskeletal injuries, she has special interest in chronic diseases rehabilitation. Catherine is the Honorary Assistant Secretary for Malaysian Association of Sports Medicine (MASM) and was the past Honorary Assistant Secretary for Fragility Fracture Network of Malaysia (FFNM).