



## **Mohd Nahar Azmi Mohamed**

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Dr. Mohd Nahar Azmi Mohamed is the Head of Sports Medicine, Senior Medical Lecturer and Senior Consultant Sports Physician in the Department of Sports Medicine, Faculty of Medicine, Universiti Malaya / UMMC. Head of Department of Sports Medicine since June 2012. He is a visiting Consultant Sports Physician at National Heart Institute, Advisory board members for National Coach Academy, Head National Sports Medicine Specialist Board since 2016 till to date, Chairman of MMC Sub Education Committee for Sports Medicine 2020-2024 and Certified Aerobics Instructor under Ministry Sports and Youth, A Licenced Zumba & Strong Nation Instructor. His 12 years of research experience has focus on Sports Injuries, Wellness, Exercise and NCD's, Endothelial dysfunction in cardiovascular related diseases. Published more than 37 peer reviewed articles in reputed journals and H-index 12. His current collaborative work includes Colorectal + Vascular Sub-specialty and Department of Anaesthesiology in Cardiopulmonary Exercise Testing for preoperative risk stratification and pre-operative exercise conditioning, Sarcopenia MDT; Colorectal Subspecialty, Geriatric Subspecialty and Dietetic and MDT for Paediatrics Obesity and Diabetes with Paediatric Endocrine and Department of Dietetics.