



## **Julaida binti Embong**

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Julaida binti Embong received the Diploma of Physiotherapy from Kolej Fisioterapi, Hospital Kuala Lumpur, Malaysia, in 2001 and the BSc. in Physiotherapy from Universiti Teknologi Mara (UiTM) in 2019. In 2002, she joined the Department of Physiotherapy, Hospital Kuala Lumpur, and has been part of the Hospital Kuala Lumpur Geriatric Unit since 2005. Currently she has 18 years of experience in physiotherapy and geriatric rehabilitation. Ms Julaida underwent multiple training attachments in Tan Tock Seng Hospital, Singapore (2007, 2010, 2014, 2016) on falls prevention, neurology and gait analysis, and general geriatrics. She has vast experience giving talks and lectures all over the country on topics related to geriatric rehabilitation. She is integral in the development of policies pertaining to physiotherapy for geriatric rehabilitation and the geriatrics service in Malaysia. She is also a member of the Malaysian Physiotherapy Association and Malaysian Society of Geriatric Medicine.