

**IMPROVES  
MUSCLE HEALTH  
IN 8 WEEKS**



myHMB<sup>®</sup> is the brand name of  $\beta$ -hydroxy  $\beta$ -methylbutyric acid and is a registered trademark of TSI Group Ltd, USA.



LACTOSE  
FREE



OPTIMAL DOSAGE  
(3.5g)



PREVENTS  
MUSCLE LOSS



BUILDS MUSCLE  
STRENGTH

